



Frequently Asked Questions

High Risk Infant Follow Up Clinic

What is the HRIF Clinic?

The DMG Children's Rehabilitative Services (DMG CRS) High Risk Infant Follow Up Clinic (HRIF) is dedicated to your child's development through recurring developmental assessment within the first three years of life. We provide comprehensive medical care, care coordination, resources, and psychosocial support while advocating for early intervention services.

Early intervention services provide specialized support for young children with developmental delays or disabilities and their families. It promotes each child's development and meaningful participation in all aspects of their life. Services may include physical therapy, occupational therapy, speech therapy, feeding therapy in addition to other services or support for the family.

Who is part of the HRIF Clinic?

- Pediatrician or Pediatric Nurse Practitioner: Provides medical assessment and consultation. Monitors general health care in collaboration of the HRIF team and child's PCP.
- Physical Therapist: Specializes in gross motor evaluation and motor planning.

- Occupational Therapist: Specializes in fine motor development, motor planning, sensory integration, and feeding.
- Speech and Language Pathologist: Specializes in cognition, language development and feeding.
- Social Worker: Specializes in family support and care coordination, community resource referrals, advocacy, and emotional support.
- Specialty Care Coordinator: Assists care coordination and referral management.

How is this visit different from seeing our regular pediatrician?

This visit is a comprehensive evaluation focusing on your child's past medical history, developmental capabilities, and behaviors. We look for conditions that we know are common in children who have spent time in the NICU or who are considered high risk. You may be asked to complete a developmental and/or behavioral questionnaire in addition to developmental testing. Our testing goes beyond the usual screening performed during a general pediatric visit at your PCP.

HRIF Referral (602) 914-1594 or fax (602) 468-4526

For more information: DMGCRS.org

HRIF FAQs continued

What are my next steps after discharge from the hospital?

1. If the hospital referred you to the DMG CRS HRIF Clinic upon discharge, expect a phone call from our Specialty Care Coordinator within 1-2 weeks to schedule your initial evaluation.
2. If the hospital did not refer you to the DMG CRS HRIF, you may request a referral from your PCP for evaluation. Referral must be accompanied by the most recent office visit notes.
 - a. This program helps coordinate care between your doctor and other services. It does NOT replace your child's doctor. We work with your doctor to promote the growth and development of your child.

Referral: High Risk Infant Follow-up Clinic

Phone: (602) 914-1594

Fax: (602) 468-4526

What will the evaluation entail?

- Appointment time is 2 hours:
 - 1 hour with a Pediatrician or Pediatric Nurse Practitioner
 - 1 hour with a Physical Therapist, Occupational Therapist, and Speech Language Pathologist
- Multidisciplinary Evaluation and Collaboration
- Referrals to specialty providers if needed.
- Social Work present for child/family support, referrals to community resources, and coordination of care.

How often will my child need to follow up?

- Clinic visits are usually made when your baby is referred, and at the ages of 3, 6, 12, 18, and 24 months (adjusted age).
- Your care team will structure a personalized Plan of Care based on the initial evaluation.
- Additional appointments may be scheduled as needed or requested by your child's PCP.

